



GINNASTICA DOLCE 09.00 - 09.55	GINNASTICA DOLCE 09.00 - 09.55	PILATES MATWORK 09.00 - 09.55	GINNASTICA DOLCE 09.00 - 09.55	GINNASTICA DOLCE 09.00 - 09.55
PILATES MATWORK 10.00 - 10.55		PILATES MOTR 10.00 - 10.55		PILATES MATWORK 10.00 - 10.55
PILATES MATWORK 13.00 - 13.55	PILATES AVANZATO 13.00 - 13.55	PILATES MOTR 13.00 - 13.55		PILATES ALLEGRO 13.00 - 13.55
POSTURAL YOUNG 16.30 - 17.15		PILATES MATWORK 14.30 - 15.25		
PILATES MATWORK 17.30 - 18.25	PILATES MOTR 17.30 - 18.25	PILATES ALLEGRO 17.00 - 17.55	PILATES MATWORK 17.30 - 18.25	PILATES ALLEGRO 17.00 - 17.55
PILATES MATWORK 18.30 - 19.25	PILATES MOTR 18.30 - 19.25	FUNZIONALE 18.30 - 19.20	PILATES MATWORK 18.30 - 19.25	FUNZIONALE 18.30 - 19.20
	PILATES MATWORK 19.30 - 20.25	PILATES ABC 19.30 - 20.25	PILATES MOTR 19.30 - 20.25	PILATES MATWORK 19.30 - 20.25
	PILATES MATWORK 20.30 - 21.25		PILATES MATWORK 20.30 - 21.25	